Consistent, nurturing relationships are essential for intellectual and social development

Although consistent nurturing relationships with significant adults are taken for granted by most of us as a necessity for babies and young children, we often do not put this commonly held belief into practice. Pioneers, such as Erik Erikson, Anna Freud, and Dorothy Burlingham, revealed that to pass successfully through the stages of early childhood, children require sensitive, nurturing care to build capacities for trust, empathy, and compassion.

Supportive, warm, nurturing emotional interactions with infants and young children help the central nervous system grow appropriately. Listening to the human voice, for example, helps babies learn to distinguish sounds and develop language. Exchanging gestures helps babies learn to perceive and respond to emotional cues and form a sense of self.

Why Children Need Ongoing Nurturing Relationships

What are ACEs?

ACEs are adverse childhood experiences that harm children’s developing brains so profoundly that the effects show up decades later; they cause much of chronic disease, most mental illness, and are at the root of most violence.

"ACEs" comes from the CDC Kaiser Adverse Childhood Experiences Study, a groundbreaking public health study that discovered that childhood trauma leads to the adult onset of chronic diseases, depression, and other mental illness, violence and being a victim of violence. The ACE Study has published about 70 research papers since 1998. Hundreds of additional research papers based on the ACE Study have also been published.

ACEs

Congratulations to our newest CASA volunteers: Tina Scott will be advocating in our Lake County Courts and Hannah Genoar will support Mendocino County children. We are so excited to have you aboard!

Judge Redstrom with CASA Tina Scott

Hannah Genoar took Oath in Mendocino County

Judge Redstrom with CASA Tina Scott

Hannah Genoar

Sips, Eats & Sweets

CASA of Mendocino & Lake Counties

Saturday, October 15, 2016
4:00 p.m. - 6:30 p.m.

Sips, Eats & Sweets: $15 in advance/$20 at the door

84th Annual Meeting of the Court Appointed Special Advocates of Mendocino & Lake Counties

Mendocino Bank & Trust
CASA of Mendocino & Lake Counties

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